



Striving for Excellence

Albert Cammon
 Middle School

Principal's Message

Spring is in the Air

Our current weather indicates that spring is here! Actually, did you know in the Northern Hemisphere, the 1st day of **Spring 2024 begins on Wednesday, March 19th**? Although spring is in the air, there is no time to despair as the most critical time of year is upon us. Because we want all of our Prideful Pirates to finish strong this school year, it is time for them to set small, attainable end of the year goals and to prepare for LEAP testing which will take place in May.

In the meantime, I have a question for us to ponder, "Is SPRING FEVER real?" While it is debatable whether spring is your favorite season, I do believe it has its part to play on our mood and maybe even our behavior. The great Ernest Hemingway, expressed, "When spring came, even the false spring, there were no problems except where to be happiest." From what I have read, the springtime:

- * makes you feel positive (enhances your mood).
- * makes you feel happier (because days are longer).
- * promotes a more active lifestyle (which increases endorphins).
- * increases energy levels.
- * decreases stress levels.
- * improves brain clarity, memory, and creative thoughts.



Sounds like amazing ways to feel and think about our three remaining months of school. Take a stance and enjoy this spring (indoor or outdoor settings of choice) by talking a walk, riding a bike, reading good books, writing journal entries, and/or solving everyday math problems that will ultimately broaden your brainpower. Having an optimistic mindset is essential for the success of all stakeholders in the homestretch of this school year, so what mood and which behaviors are you choosing? While **MARCHing into Quarter 4** (March 15th) with our **focus--continuous Improvement**, I choose to fully embrace having "Spring Fever!" Feel free to join me!

LEAP 2025 Testing (for middle school students) is right around the corner (beginning May), so prepare now to demonstrate what you know and are able to do, Prideful Pirates! As always, continue "Striving for Excellence!" Our future depends upon it.

Respectfully,
 LaSonn Porter
 Principal

We invite you to like us on [facebook](#), [twitter](#), and [Instagram](#)

www.stcharles.k12.la.us





Striving for Excellence

Employees of the Month February

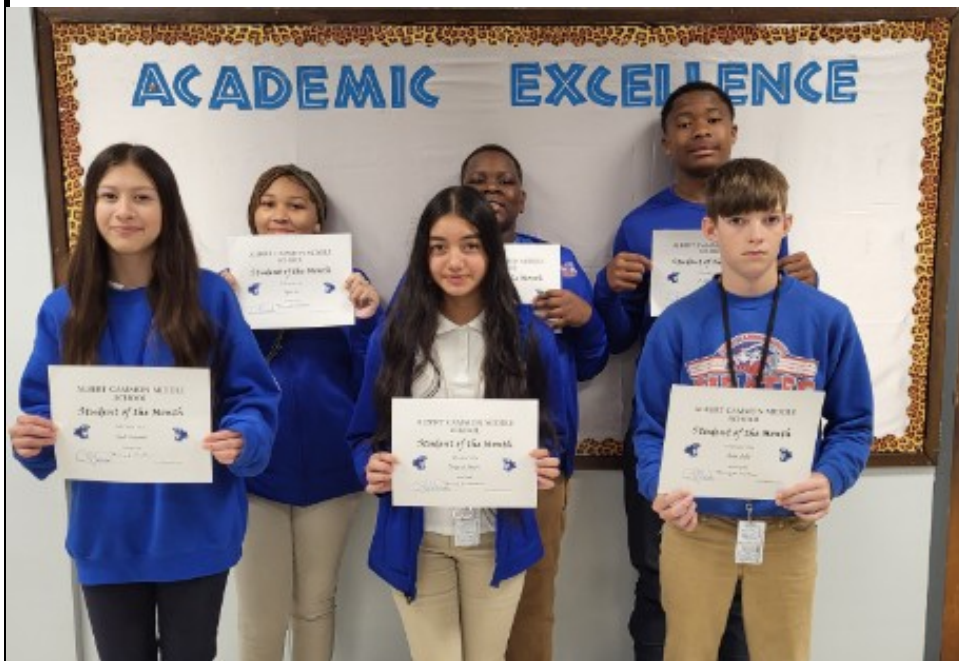


Tina Westbrook
Seventh Grade ELA Teacher



Donielle White
Paraprofessional

Students of the Month February



8th Grade

Emeli Guardado
A'ushai Smith

7th Grade

Kyra Lea
Caden Dillon

6th Grade

Bridgeth Romero
Sean Williams

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Life in the Library



It's been a busy and bustling time around the library. New titles have been added to our collection, and a new order has been placed. We're building our library collection based on your requests and your curriculum needs. Be sure to stop by and check out some of our newest additions.

Voting time is approaching for the Louisiana Young Readers' Choice Award contest. If you are interested in having your voice heard for what you think the book of the year should be, make sure you have read at least two of the titles by the end of the month. See Ms. Jaubert for more information.

Do you feel like you never have to time to stop by the library? Well, you have access to a large portion of our collection right at your fingertips. Log on to our Library webpage through the ACM website and see what e-books or comics you may want to read. After checking out a selection, you will have access to it anytime you are on your chromebook. If you run into any problems getting what you need, send me a message on your grade level Library Google Classroom.

Lastly, we are in the process of re-homing some of our older or duplicate selections. Stop by the library and see if there are some books that you are interested in adding to your personal collection.

Don't forget—it's always a good time to read. If there is something you would love to read, but you can't find it in our collection, make a request. The library and all of the books housed here are for your use and enjoyment.
Happy Reading!

Counselor Information

If your child can comprehend, speak, and read a World Language, he/she may be eligible to earn high school foreign language credit by completing a proficiency exam.

Proficiency Exams are available for Arabic, Mandarin Chinese, French, German, Italian, Japanese, Korean, Portuguese, and Spanish.

Students can use the following resources to learn more about the proficiency exam:

- Tasks & Topics on the exam: <https://www.languagetesting.com/aappl-task-and-topics>
- Test Taking Tips Videos: <https://www.languagetesting.com/aappl-tips>
- Sample Items and Test demos: <https://www.languagetesting.com/aappl2-demo>

The fee for your child to complete a proficiency exam is \$20.00.

Consent forms are due by March 7, 2024.

Please contact your child's counselor, Chauntreniece Davis Jordan, for more information.

She can be contacted via email at cdavis1@stcharles.k12.la.us or phone at (504) 467-4536.

Thank you.



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ACM Cheerleading Mini Day Camp

ACM Cheer Team hosted their first mini day camp over the Mardi Gras break with 45 campers in attendance! They learned cheers and a dance, decorated bows and made spirit sticks. They wrapped up the day with a performance for their friends and families. We want to extend a huge THANK YOU to the DHS Cheerleaders who assisted us for the day and a THANK YOU to all of the parents who trusted us with your kids! We look forward to doing it again.



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ACM's Annual Black History Month Door Decorating Contest



8th Grade Winner
Mrs. Duhe's
Treasure Time



7th Grade Winner
Mrs. Morrow's
Treasure Time



6th Grade Winner
Ms. Sullivan's
Treasure Time





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ACM Prideful Pirate

Parent T-Shirt Order Form

This year, Cammon PTO is pleased to offer a Prideful Pirate Parent T-shirt for you to wear to support your student. This will be a Royal Blue shirt with white artwork. Please fill out the order form and return with payment to place your order. All family members are welcome to order a T-Shirt as well!



Name: _____ ACM Student: _____

\$20.00

____ Adult Small

____ Adult Medium

____ Adult Large

____ Adult X-Large

\$25.00

____ Adult XXL

____ Adult XXXL

Number of shirts: _____ x\$20= _____

Number of shirts: _____ x\$25= _____

Total: \$ _____

Forms of Payment: Cash

Check (Payable to Albert Cammon PTO)

Zelle: acmpto70087@gmail.com

CashApp: \$acmpto70087

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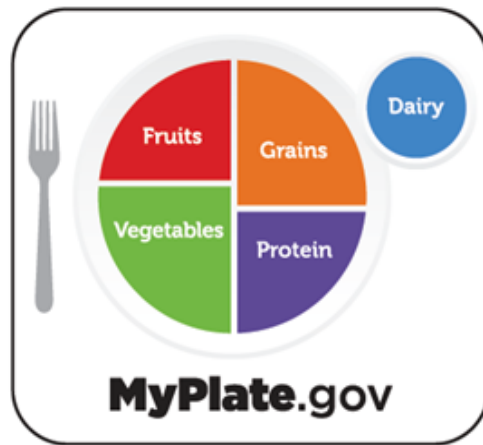
(EOE)



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Nutrition Facts	
About 13 servings per container	
Serving size 6 crackers (30g)	
Amount per serving	
Calories	120
% Daily Value*	
Total Fat 3.5g	4%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 100mg	7%
Total Carbohydrate 20g	7%
Dietary Fiber 3g	11%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 3g	
Vitamin D 0mcg	0%
Calcium 30mg	2%
Iron 0.7mg	4%
Potassium 120mg	2%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.



March is National Nutrition Month!

Eating healthy foods can help prevent many medical problems, not only in adults, but also in children. Being overweight, heart disease and diabetes are problems facing young children in today's world. These are serious problems with potentially deadly consequences.

Making healthy choices for the whole family is important. Children imitate not only what you do, but what you eat. Try new foods and encourage your children to do the same. Eat your fruits, vegetables and whole grains. You'll not only feel better, but you will set a great example for your family.

Please remember to always check with your doctor before making changes in your lifestyle that include exercise. Check with your child's doctor concerning specific diet needs, such as food allergies and difficulty tolerating certain foods.

Healthy choices include:

- A variety of foods
- Whole grain products, like breads and cereals
- Vegetables and fruits (5 a day)
- Water, milk, and real fruit juice
- Foods that are low in fat, saturated fat, and cholesterol
- Foods that are low in sugar and salt (sodium)
- Exercise to balance the foods you eat, like running, jumping and just playing outdoors!



Your School Nurse,
Abbie LeRouge, RN, BSN
alerouge@stcharles.k12.la.us

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You and I...
We are



St. Charles Parish community agencies are coming together to offer mandated immunizations to our students.

Offering the following immunizations:

4 Years of Age†: DTaP, IPV, MMR, VAR, Hep A

**11-12 Years: Tdap, MenACWY, HPV
(IPV, VAR, MMR, HepB, HepA if needed)**

**16 Years: MenACWY,
provider-patient
discussion for MenB**

At a school near you April 2024. School Site Specific Dates to be determined.

Consents will be due by Monday, March 25, 2024.

Refer to the QR code below to Access parent/guardian consent if interested. You may call Access Health at 985-785-5800 or your School Nurse for questions.





Striving for Excellence

**Albert Cammon
Middle School
Home of the
Pirates**

WE ARE:

PREPARED

INFORMED

RESPONSIBLE

ACHIEVING

TOGETHER

EVERYDAY

SUCCESSFUL



ALBERT CAMMON MIDDLE SCHOOL

After-School Activities

Our after-school activity busses load at 4:50 PM. Parents should arrive by 4:45 PM if they are picking up a child. Parents will need to present their drivers' license or an ID when picking up their child. Kindly have your ID readily available for verification.

Morning Drop Off/Tardy Times

Students should be dropped off between 7:40 A.M. and 7:50 A.M. Parents who are bringing their children to school must take the side road by the cafeteria. Parents should enter the school grounds from Pirate Drive. They should make a U-turn in the back of the school and then proceed to the cafeteria area to drop students off on the side of the school. Please remember that the front of the school is reserved for school buses only. Arrival time on a **regular school day** is at **7:40 A.M.-7:50A.M.** Arrival time **after 7:50 A.M.** is considered **tardy**, and a **parent must sign the student in at the main office after that time.**

Afternoon Pick Up/Parking Tips

All parents picking up their children at dismissal must drive down Pirate Drive and make a U-turn in the back of the school and then proceed to the cafeteria to pick up your child. Please remember that the front of the school is reserved for buses only. When arriving after 1:30 P.M. to our campus, park in the St. Rose Elementary rear parking lot. After that time, our afternoon buses arrive, and you will not be able to leave until after dismissal.

Administrative Team

LaSonn Porter
Principal

Dr. Gabrielle DeLatte
Maggie Boos
Assistant Principals

234 Pirate Drive
St. Rose, La 70087
Phone: 504-467-4536
Fax: 504-468-3873

Check us out on Twitter!



For our ACM news and updates,
you can also visit us on Twitter.
Twitter@CammonMiddle

Follow us on Instagram



@AlbertCammonMiddle

Our School now has a Facebook!



Follow us
@Albert Cammon Middle
School

Thank you for your support in helping
us maintain a school climate focused on
student learning and respect where
everyone "CARES."

Thank you to our
generous business Partners!



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BUNGE

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March 2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4	5 BB/SB vs RKS at EB BB/SB PEP Rally 5:00 Cheer Tryouts Parent Meeting	6	7 BB/SB vs JBM at EB	8 6th Grade Artsperience	9
10	11 5:30 Pirettes' Parents Meeting	12 BB/SB vs HMS at EB	13	14 3rd Quarter ends Softball VS JBM At WB DHS Cheer	15 4th Quarter begins Early Dismissal	16
17 St. Patricks Day 	18 3:30-5:00 Cheer Tryout Clinic	19  BB/SB vs RKS at EB	20 BB/SB vs HMS at EB 3:30-5:00 Cheer Tryout	21 Cheer Tryouts continued 3:15. DHS Desty Tryouts	22 Report Cards go Home Spring Fling Dance 3-5	23
24	25	26	27	28 Quarter 3 Awards	29	20
Pirettes Clinic				Pirettes Tryouts	Spring Break	
PTO Worlds Finest Chocolate Fundraiser						